

MOMENTS TO MAKE HEALTHY CHOICES



**NOT MISSING
THE MOMENT**

FUNDED IN WHOLE OR IN PART BY THE ILLINOIS DEPARTMENT OF HUMAN SERVICES, DIVISION OF SUBSTANCE USE PREVENTION AND RECOVERY THROUGH A GRANT FROM THE SUBSTANCE ABUSE AND MENTAL HEALTH SERVICE ADMINISTRATION.

BE YOUR BEST SELF BY NOT DRINKING

TEEN ALCOHOL USE CAN DAMAGE YOUR DEVELOPING BRAIN AND LIVER. IT ALSO DISRUPTS THE NORMAL DEVELOPMENT OF YOUR ORGANS, MUSCLES, AND BONES. WITHOUT A HEALTHY BRAIN OR BODY, DOING THE THINGS YOU LOVE IS HARD.

SOURCE: [HTTP://BIT.LY/3IXR8MJ](http://bit.ly/3iXR8MJ)

MOMENTS TO SEE YOUR POTENTIAL

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PROTECT YOUR PROGRESS. DRINKING ISN'T WORTH THE RISK.

YOU ARE SO CLOSE TO YOUR GOALS. GET THERE WITHOUT ALCOHOL. UNDERAGE DRINKING PUTS YOU AT RISK OF LEGAL PENALTIES, INCLUDING PROBATION, JAIL TIME, FINES, AND LOSING YOUR DRIVER'S LICENSE. IT MAY EVEN AFFECT COLLEGE SCHOLARSHIPS OR FINANCIAL AID.